

KODENKAN MARTIAL ARTS ACADEMY



## **Matsuno Ryu Goshinjitsu**

### **Defense Techniques Against Armed Assault**

# Matsuno Ryu Goshinjitsu

## Defense Techniques Against Armed Assault

1. Apply these arts only when your instincts suggest that death or serious injury to you or loved ones is imminent.

Always be aware of your surroundings.  
Do not get into this situation in the first place.  
Avoidance is best.  
Better safe than sorry.

2. Immediately clear the body from the attack angle.

Tai Sabaki applies here.  
These techniques require 100% committal; therefore, you cannot pause during the technique.  
If something doesn't work according to the technique, adapt.  
If all else fails, strike to get distance.

3. Stabilize and control the weapon.

The "attacker" should be considered the weapon, not what he has in his hand.

4. Expect to be seriously injured.

Capture the club.  
Leave knife in.  
Control the muzzle of the firearm.

5. Nike-Jitsu is always an alternative.

One chance to perform technique (offensive vs. defensive).  
There is nothing wrong (and less legal involvement) with escaping the danger.

# Matsuno Ryu Goshinjitsu

## Defense Techniques Against Armed Assault

### Nage Waza

1. **Arashi Otoshi** - storm drop
2. **Shiho Nage** - shoulder lock throw
3. **Kokyu Nage** - hair rip throw
4. **Kaiten Nage** - neck and shoulder forward roll throw

### Kansetsu Waza

1. **Kote Gaeshi** - turning hand
2. **Katate Gatame** - reverse wrist lock throw
3. **Waki Gatame** - armpit lock
4. **Oyayubi Tori** - thumb dislocation
5. **Yubi Tori** - finger dislocation

### Atemi Waza

Headbutt

Throat strikes

Knees

# Matsuno Ryu Goshinjitsu

## Defense Techniques Against Armed Assault

### Club Defense (Bo Waza)

#### 1. Early Overhead Strike (Furi-Age)

Double web hand trap at top of arc  
Shiho Nage (with and without releasing grip)  
Disarm

#### 2. Late Overhead Strike (Furi-Oroshi)

Double block (Taisabaki 5) parry  
Clothesline (or hair rip) with hip push throw  
Disarm

#### 3. Inside Side Swing (Furi-Yoko Uchi)

Step inside arc and trap attackers arm  
Strike throat with inside ridge hand (or Tora Katsu Jime)  
Storm drop  
Disarm

#### 4. Outside Side Swing (Furi-Yoko Uchi)

Double block  
Grab wrist and armpit trap  
Apply armlock and Waki Gatame  
Disarm

#### 5. Baseball swing

Step inside arc and trap attackers head by reaching up.  
Throw left side Arashi Otoshi

# **Matsuno Ryu Goshinjitsu**

## **Defense Techniques Against Armed Assault**

### **Rifle Techniques (Shoju Waza)**

#### **Rifle Pointed at Mid Section (Mae Kyohaku)**

Parry barrel, step in and grasp rifle  
Leverage rifle directing muzzle to face of attacker  
Rip-escape and strike with buttstock

#### **Rifle Pointed to Back (Ushiro Kyohaku)**

Pivot and trap rifle  
Leverage rifle directing muzzle to face of attacker  
Rip-escape and strike with buttstock

#### **Grab Defense**

Step back and pull

# Matsuno Ryu Goshinjitsu

## Defense Techniques Against Armed Assault

### Handgun Techniques (Tanju Waza)

#### 1. High Threat - Handgun Held at Face (Morote Hazushi)

Drop low; double web hand trap  
Rip-escape with muzzle toward attacker  
Groin kick

#### 2. Krav - High Threat - Handgun Held at Face (Morote Hazushi)

Redirect and pivot body with same side hand using blind spot  
Strike handgun toward attacker, Strike, Strike,  
Leverage handgun out (place on table)

#### 3. Mid Threat - Handgun Held at Mid Section (Chudan Kyohaku)

A: Outside pivot and trap - Kote Gaeshi or rip-escape  
B: Inside pivot and trap - Rip-escape

#### 4. Mid Threat - Handgun Held at Mid Section, Attacker Moving Forwards

Waki Gatame - elbow, shoulder dislocation; leverage to disarm

#### 5. High Threat from the Rear - Handgun Held at Back of Head (Ushiro Jodan Kyohaku)

A: Outside pivot and trap, Kote Gaeshi - Disarm  
B: Inside pivot and trap, Katate Gatame - Disarm  
C: Over the top of Uke arm Waki Gatame - Disarm  
D: Left foot steps back

## Handgun Techniques (Tanju Waza) cont.

6. **Mid Threat from the Rear - Handgun Held at Midsection (Ushiro Chudan Kyohaku)**
  - A: Outside pivot and trap, Kote Gaeshi - Disarm
  - B: Inside pivot and trap, Katate Gatame - Disarm
  - C: Left foot steps back
  
7. **Hostage Threat - Handgun Held at Temple (Ushiro Kyohaku Dori)**
  - Headbutt and trap handgun
  - Headlock escape
  
8. **Hostage Threat - Handgun Held at Temple (Ushiro Kyohaku Dori)**
  - Headbutt and trap handgun
  - Modified Shiho Nage / Bow Throw
  - Disarm
  
9. **Hostage Threat - Handgun Held at Temple (Ushiro Kyohaku Dori)**
  - Headbutt and trap handgun, then:
    - A: Eri Seoi Nage or Ippon Seoi Nage (high shoulder throw) - Disarm
    - B: Tai Otoshi (stick leg out throw) - Disarm
    - C: Jam pistol in their face with free hand, shoulder lock takedown
  
10. **Hostage Threat - Handgun Held at Midsection of Back (Ushiro Chudan Kyohaku)**
  - Pivot and drop arm to pin attackers arm and handgun against their body
  - Bear hug and Storm Drop
  - Capture handgun and disarm

## Handgun Techniques (Tanju Waza) cont.

### **11. Krav - Hostage Threat - Handgun Facing Out**

Trap handgun and catch arm in crook of elbow  
Bring handgun downward and circle out

### **12. Krav - Hostage Threat on Knees**

Redirect with same side hand  
Grab wrist and let attacker pull you up  
Groin kick, Groin kick, elbows

### **13. Krav- Out of range**

Pivot body and reach far  
Redirect and strike

### **14. Offensive Techniques (attacker facing away; using blind spot)**

- A:** Grab gun and rotate towards attacker
- B:** Elbow to back of head, grab gun, waki gatame
- C:** Elbow to back of head, grab gun, Kote Gaeshi
- D:** Rear choke on non-gun side, grab gun with free hand, reverse waki gatame
- E:** Kick gun
- F:** From a run or dive, Tani Otoshi with one arm under attackers gun arm the other arm completes a hug around head or pin other arm.
- G:** Clothesline takedown with reverse Arashi Otoshi / hip throw.



# Matsuno Ryu Goshinjitsu

## Defense Techniques Against Armed Assault

### Knife Techniques (Tanto Waza)

#### 1. Wave in Face

Grab wrist using blind spot, strike knife into attacker

#### 2. Wave at midsection

Front kick knife out of hand then follow up

#### 3. Early Overhead Thrust (Nanme Zuki)

Double web hand trap at top of arc (knee)  
Shiho Nage (with and without releasing grip)  
Disarm

#### 4. Late Overhead Thrust (Nanme Zuki)

**A:** Double web hand trap with diagonal parry (Headbutt)  
Re-direct knife into attacker  
Trap wrist using Kote Gaeshi and throw  
Disarm

**B:** Same as above using Waki Gatame

#### 5. Threat to Throat (Jodan Kyohaku)

Attempt to disarm with scissors block  
Capture wrist and thrust toward attacker (Headbutt)  
Kote Gaeshi  
Disarm

## **Knife Techniques (Tanto Waza) cont.**

### **6. Stomach Thrust - Outside (Choku Zuki)**

Pivot and trap wrist / arm (Headbutt)  
Kote Gaeshi  
Disarm

### **7. Stomach Thrust - Inside (Choku Zuki)**

Pivot and trap wrist / arm (Headbutt)  
Katate Gatame  
Disarm

### **8. Side Slash - Inside (Yoko Kiri)**

Pivot and trap wrist / arm (Headbutt)  
Katate Gatame  
Disarm

### **9. Back Hand Slash - Outside (Yoko Kiri)**

Double block (Headbutt)  
Grab wrist and armpit trap  
Apply armlock and Waki Gatame  
Disarm

### **10. High Hostage Threat - Knife at Throat (Ushiro Jodan Kyohaku Dori)**

Trap knife hand  
Headlock escape with knife thrust  
Hammer fist to base of skull  
Kaiten Nage  
Disarm

## **Knife Techniques (Tanto Waza) cont.**

### **11. Low Hostage Threat - Knife at Midsection (Ushiro Chudan Kyohaku Dori)**

A: Trap knife hand and Headbutt  
Kata Gatame  
Disarm

B: Turn and hug, Ouichi to ground

### **12. Knife held at back - Outside Turn (Senaka Zuki)**

A: Pivot, trap knife hand, and Headbutt  
Kote Gaeshi  
Disarm

B: Turn and hug, Ouichi to ground

### **13. Knife held at back - Inside Turn (Senaka Zuki)**

A. Pivot, trap knife hand, and Headbutt  
Katate Gatame  
Disarm

B: Turn and hug, Ouichi to ground