

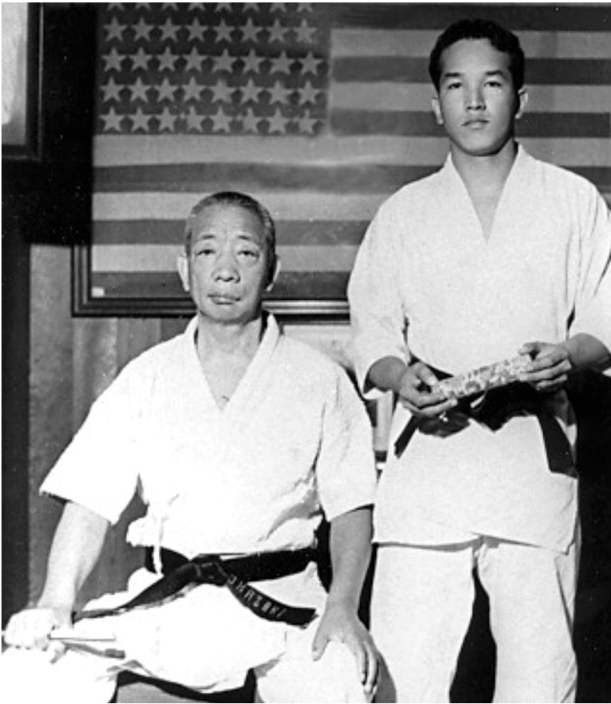
HISTORY OF THE SOUTHERN ARIZONA KODENKAN



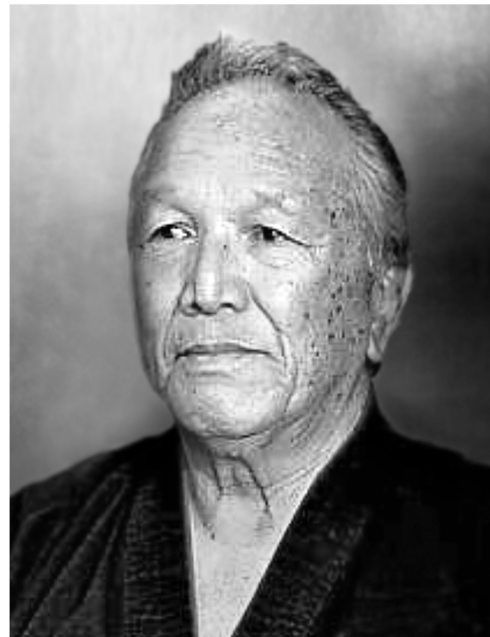
PROFESSOR JIGORO KANO founder of Kodokan Judo and the inspiration for the modernization and standardization of all martial arts in general. He pioneered the concept that the true benefit of the martial arts in the modern day era is the improvement of the individual. His techniques, philosophy and teaching methods became the foundation of numerous other martial arts.



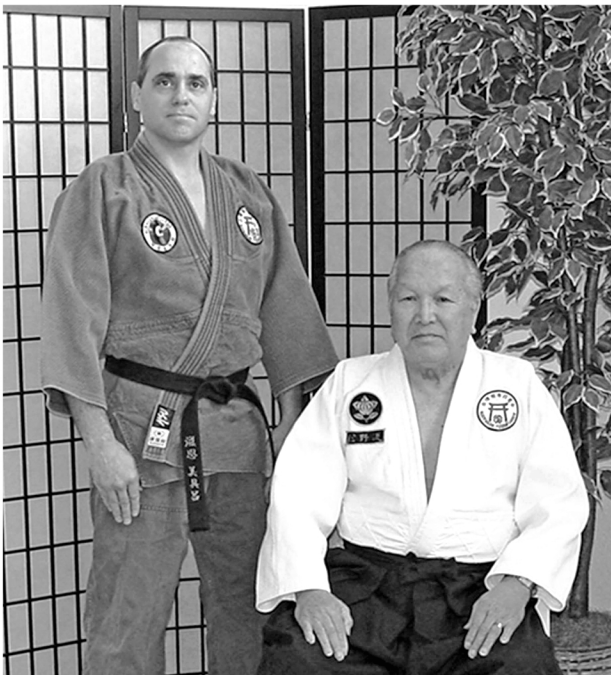
PROFESSOR SEISHIRO H. OKAZAKI founder Danzan Ryu Jujitsu, and the Kodenkan. Japanese by birth, Professor Okazaki was moved to the state of Hawaii as a child to combat an illness. He later credited martial arts training, in particular Judo, for strengthening his body enough to beat the disease. His fundamental principle, that the primary goal of the study of the martial arts is the Perfection of Character, echoes the teachings of Professor Jigoro Kano. Professor Okazaki is also widely known as the first Jujitsu/Judo teacher that would accept all students regardless of race, religion background or gender.



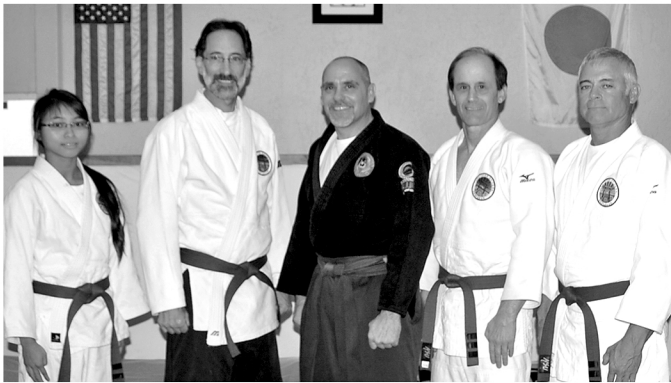
DAI SHIHAN JOSEPH HOLCK (Joichi Matsuno) receiving his instructors' scroll from Professor Okazaki at the Kodenkan (above right). Professor Holck became a student at the Kodenkan after other Judo schools in Hawaii had kicked him out because he was only half Japanese. He eventually brought his wife and family to study at the Kodenkan as well. After a distinguished military career, Professor Holck went on to become one of the co-founders of Kajukenbo, the founder of the Kodenkan Yudanshakai and established his families own self-defense system bearing his original surname, Matsuno Ryu Goshinjitsu.



DAI SHIHAN JOSEPH HOLCK



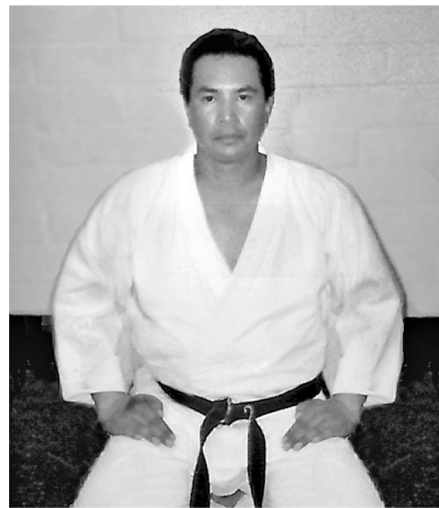
SHIHAN JOHN MCGRAUGH receiving his 6th degree black belt and the title of Shihan from Dai Shihan Joseph Holck (2006). Shihan McGraugh studied under Professor Vinson Holck, the son of Dai Shihan Holck, from the age of 14. Later studying and competing in Judo, then living, training and competing in Japan from 1995-2000, Shihan McGraugh then co-founded Hiraïdo (a modern mixed martial art), founded the Ryus-eïkan of Tucson (for Japanese sword study) and also founded the Southern Arizona Kodenkan in 2012 to further perpetuate the teachings of Professor Okazaki.



YUDANSHA of the Southern Arizona Kodenkan receiving various ranks in Matsuno Ryu Goshinjitsu. The traditions and philosophy established by Professor Kano, Professor Okazaki and Professor Holck continue to be passed down from one generation to the other.

Picture above (L-R) Sempai Sarah Spitz, Sensei Kevan Schlamowitz, Shihan John McGraugh, Sensei Parker Antin and Sensei Francisco Rodriguez.

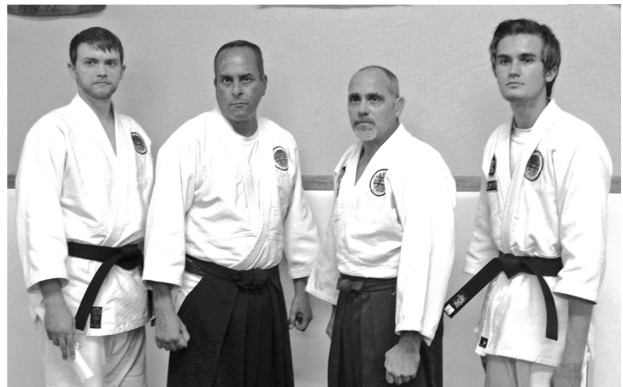
Picture at right (L-R) Sempai Ross Granrath, Shihan Lawrence Maestas, Shihan John McGraugh and Sensei Ari Bormanis.

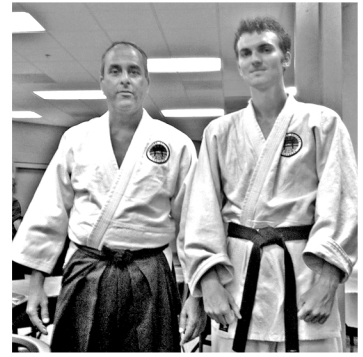


DAI SHIHAN VINSON K. HOLCK (Katsutarō Matsuno) son of Dai Shihan Joseph Holck, president of the Kodenkan Yudan-shakai, co-founder of Matsuno Ryu Goshinjitsu, co-founder of Matsuno Kajukenbo Kai, student in the original Kodenkan in Hawaii as a child under Professor Jack Wheat, holder of numerous Dan ranks including Danzan Ryu jujitsu, Judo, Taihojitsu, Hakko Ryu jujitsu, Shorin Ryu Karate, Kajukenbo, Matsuno Ryu Goshinjitsu, Matsuno Kajukenbo Kai and others. A decorated serviceman and law enforcement officer, Professor Vinson Holck has spent a lifetime in service to others and to the perpetuation of the principles and martial arts of the Kodenkan.



SENSEI NICOLAS HOLCK receiving his 2nd degree black belt in Hiraïdo and the title of Sensei from Shihan John McGraugh. Sensei Holck is the son of Professor Barry Holck, and the grandson of Dai Shihan Joseph Holck. An accomplished fitness trainer, Sensei Holck has also trained and worked diligently in learning and teaching Hiraïdo and Muay Thai kickboxing to numerous students.





Picture above left (L-R) Sensei Chris Wencker and Shihan Lawrence Maestas.

Picture above middle (L-R) Sensei Kyle Jenkins, Sempai Cynthia Greenlee, Sensei Stephen Samson, Shihan John McGraugh, Sempai Travis Christensen and Sensei Yvonne Morken.

Picture above right (L-R) Shihan Lawrence Maestas and Sensei Sebastian Zeltzer.



Picture above left (L-R) Sempai Zakkai Markowitz, Shihan John McGraugh and Sempai Annika Morken.

Picture above right (top row L-R) Sempai Daniel Lee, Sempai Denali Keefe, Sempai David Keefe, Sempai Victoria Rodriguez, Sempai Lorenzo Vischelli, Alexander Labenz, (bottom row L-R) Sempai (Hiraido) Mona Chambers, Sempai Will Glaesser, Shihan John McGraugh, Sempai Henry Glaesser and Sempai Zachary Schlamowitz.

YUDANSHA OF THE SAZK

John McGraugh, Shihan, 6th Dan MRG - Southern Arizona

Kodenkan Founder
Lawrence Maestas, Shihan, 6th Dan MRG
Paul Ander-Stout, Sensei, 4th Dan MRG
Tony Boucher, Sensei, 3rd Dan MRG
Parker Antin, Sensei, 2nd Dan MRG
Chris Wencker, Sensei, 2nd Dan MRG - Pennsylvania
Kodenkan Founder
Sebastian Zeltzer, Sensei, 2nd Dan MRG
Francisco Rodriguez, Sensei, 2nd Dan MRG
Kevan Schlamowitz, Sensei, 2nd Dan MRG
Sarah Spitz, Sempai, 1st Dan, MRG
Ari Bormanis, Sensei, 2nd Dan MRG
Ross Granrath, Sempai, 1st Dan, MRG
Yvonne Morken, Sensei, 2nd Dan MRG

Kyle Jenkins, Sensei, 2nd Dan MRG
Stephen Samson, Sensei, 1st Dan, MRG
Cynthia Greenlee, Sempai, 1st Dan, MRG
Travis Christensen, Sempai, 1st Dan, MRG
Annika Morken, Sempai, 1st Dan, MRG
Daniel Lee, Sempai, 1st Dan, MRG
Denali Keefe, Sempai, 1st Dan, MRG
David Keefe, Sempai, 1st Dan, MRG
Victoria Rodriguez, Sempai, 1st Dan, MRG
Lorenzo Vischelli, Sempai, 1st Dan, MRG
Alexander Labenz, Sempai, 1st Dan, MRG
Will Glaesser, Sempai, 1st Dan, MRG
Henry Glaesser, Sempai, 1st Dan, MRG
Zachary Schlamowitz, Sempai, 1st Dan, MRG